

C 83080

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Name.....

Reg. No.....

**SECOND SEMESTER M.A./M.Sc./M.Com. DEGREE EXAMINATION  
JUNE 2020**

(CBCSS)

Psychology

PSY 2C 06—COUNSELLING PSYCHOLOGY

(2019 Admissions)

Time : Three Hours

Maximum : 30 Weightage

**Part A**

*Write short notes on any four of the following.*

*Answer should not exceeding 100 words.*

*Each answer carries 2 weightage.*

1. Advanced empathy.
2. Role playing.
3. Positive and negative punishment.
4. Types of guilt.
5. Family counseling.
6. Detoxification.
7. Yoga relaxation.

(4 × 2 = 8 weightage)

**Part B**

*Answer any four of the following in not exceeding 300 words.*

*Each answer carries 3 weightage.*

8. Problem solving strategies.
9. Procedure of group counseling.
10. Developmental foundation of counseling.
11. Basic concepts in Gestalt therapy.

**Turn over**

12. Ego states.
13. Significance of counseling in the hospital setting.
14. Professional issues in counseling.

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**Part C** $(4 \times 3 = 12 \text{ weightage})$ 

*Answer any two of the following in not less than 500 words.*

*Each answer carries 5 weightage.*

15. Define counseling and describe the historical development of counseling profession ?
16. Elucidate the process and techniques of Gestalt therapy ?
17. Discuss the role and process of counseling to save the youth from drug abuse ?
18. Discuss the procedure and benefits of JPMR ?

 $(2 \times 5 = 10 \text{ weightage})$ 

Time :

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.