

C 80744

(Pages : 2)

Name.....

Reg. No.....

FOURTH SEMESTER M.Sc. DEGREE EXAMINATION, MARCH 2020

(CUCSS)

Psychology

PSYCHO THERAPEUTICS—II

Time : Three Hours

Maximum : 36 Weightage

Part A

Answer all questions in one or two sentences.

Each question carries 1 weightage.

1. Covert sensitisation.
2. Contingency management.
3. Flooding.
4. Bio-feed back.
5. G S R.
6. Behaviour contract.
7. Token economy.
8. Shaping and chaining.
9. Reciprocal inhibition.
10. Thought stopping.
11. Punishment.
12. Negative practice.
13. Paradoxical intention.
14. Confabulation.

(14 × 1 = 14 weightage)

Part B (Short Essay)

Answer any seven questions.

Each question carries 2 weightage.

15. Schedules of reinforcement.
16. Aversion therapy.

Turn over

17. Assertiveness training.
18. Systematic desensitisation.
19. Stress inoculation therapy.
20. Self control techniques.
21. Modelling techniques.
22. Rational emotive therapy.
23. Ethics and professional issues in behaviour modification.
24. Give an evaluation of behaviour therapy.

(7 × 2 = 14 weightage)

Part C (Essay)

*Answer any two of the following.
Each question carries 4 weightage.*

25. Compare and contrast classical and operant conditioning.
26. Discuss the rationale and techniques of Cognitive behaviour Therapy.
27. Discuss the current as well as future trends in behaviour therapy.
28. Role of cognitive therapy in the management of psychoses.

(2 × 4 = 8 weightage)