

D 70997

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Name.....

Reg. No.....

**THIRD SEMESTER M.Sc. DEGREE (REGULAR) EXAMINATION
NOVEMBER 2019**

(CUCSS)

Psychology

PSY 3.2—PSYCHOTHERAPEUTICS—I

Time : Three Hours

Maximum : 36 Weightage

Section A

Answer all questions in one or two sentence each.

Each question carries a weightage of 1.

1. Life scripts.
2. Existential anxiety.
3. Projection.
4. Working alliance.
5. Conditions of worth.
6. Cognitive triad.
7. Eclectic approach to psychotherapy.
8. Sensitivity training.
9. Logo therapy.
10. Congruence.
11. Dream work.
12. Here and now.
13. Psychodrama.
14. Informed consent.

(14 × 1 = 14 weightage)

Section B

Answer any seven in a paragraph each.

Each question carries 2 weightage.

15. Summarize the role of therapeutic alliance in psychodynamic psychotherapy.
16. What do you mean by family systems theory ?

Turn over

17. Explain the chief assumptions of client centered therapy.
18. What is the application of encounter groups in psychotherapy?
19. Explain the different stages through which therapy progresses.
20. What are the chief therapeutic techniques used in Existential Therapy?
21. Describe the effectiveness of Transactional analysis as a method of therapy.
22. Discuss the chief assumptions underlying interpersonal approach to psychotherapy.
23. Examine the major goals of psychotherapy.
24. Explain the factors which facilitate change in psychotherapy.

(7 × 2 = 14 weightage)

Section C

*Answer any two questions.
Each question carries 4 weightage.*

25. What do you mean by research in psychotherapy? Describe the issues involved in psychotherapeutic research.
26. Give an account of the applications of Psychoanalytic psychotherapy.
27. Describe in detail the goals of family therapy. Mention how structural family therapy is different from strategic family therapy.
28. Explain the steps in the formation of a group and how group therapy can be applied as a method of treatment.

(2 × 4 = 8 weightage)