

Curriculum Vitae



Name: VIPIN A U

Designation: Assistant Professor

Department: Physical Education

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| Date of Joining: | 26.09.2014 |
| (i) In Collegiate Education Service : | Nil |
| (ii) Previous service if any(Specify service type and period of service) : | Nil |
| Experience details (UG and PG in Years) | 6 Years |
| Qualification (Degree, PG, M.Phil, Ph.D, Others) | M.P.Ed, M.Phil, UGC NET |
| Area of interest (Broad) | Physical Education |
| Field of interest (Narrow) | Physical Education |
| Field of research | Physical Education |
| Guideship details | Nil |
| Courses handled (UG) | Open Course |
| Courses handled (PG) | Nil |
| Academic Responsibilities Undertaken: (like participation in curriculum preparation, BoS, SSP, WWS, etc.) | Nil |
| Office Charges held (like charges of clubs, NSS, NCC, etc.) | 1. PTA Secretary 2. AISHE Nodal officer 3. Discipline Committee Convener 4. Right to Information Officer |

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| | 5. CDC Committee Member 6. Purchase Committee Convener 7. Additional Chief Superintendent-University Examinations 8. Admission Nodal Officer 9. WWS Monitoring Committee Member 10. Anti Ragging Committee Member 11. Anti Harassment Committee Member 12. Anti Narcotic Committee Member 13. Students Grievance Redressal Committee-Staff Council Member |
| Extension Activities Undertaken: | Nil |
| U.G.C Research Projects Undertaken: (Specify Major/ Minor ,Details of fund, title of project, period, status, etc.) | Nil |
| Non U.G.C Research Projects Undertaken: (Specify Funding Agency ,Details of fund, title of project, period, status, etc.) | Nil |
| Research Publications: (Details- title, journal details etc) | Nil |
| Books Published: (Details- title, publisher details etc) | Nil |
| Paper Presentations: (Details- title, venue, date etc) | <ul style="list-style-type: none"> Presented a paper titled “Effect of Nutritional Supplementation on Selected Anabolic Hormones after Weight Training Exercise” in the International Conference and Exhibition on “Modern Trends in Exercise Physiology and Nutrition” organized by the Department of Exercise Physiology and Nutrition, Tamil Nadu Physical Education and Sports University, Chennai on 15th and 16th February 2008, held at Jawaharlal Nehru Stadium, Chennai. Presented a Paper titled ‘Effect of Selected Yogasanas on Hand Steadiness” in the Fifteenth International Yoga Festival Held from 4th to 7th January 2008 at Puducherry. Presented a Paper titled “Effect of Suryanamaskar and Selected Relaxative |

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| | <p>Asanas on Mood State of Juvenile Delinquents of Pondicherry” in the Fourteenth International Yoga Festival Held from 4th to 7th January 2007 at Puducherry.</p> <ul style="list-style-type: none"> • Presented a paper titled “Anti-Ageing Benefits of Yoga” in the U.G.C. Sponsored National Seminar on “Healthy Aging Through Yoga Therapeutic Means and Sports” organized by the Department of Physical Education and Health Sciences, Alagappa University, Karaikudi, Tamilnadu on 18th September 2008. • Presented a paper titled “Culturally Determined Forms of Movement on Special Children” in the National Seminar on “Professional and Scientific Approaches in Physical Education and Sports Sciences” organized by the Department of Physical Education and Sports, Pondicherry University, Pondicherry on 12th March, 2008. • Presented a paper titled “Comparative Analysis of Selected Psychological Variables among Intercollegiate Men Kabaddi, Kho-Kho and Volleyball Players” in the National Seminar on “Innovative Concepts of Inter Disciplinary Approaches towards Physical Education” organized by the Department of Physical Education and Health Sciences, Alagappa University, Karaikudi on 14th September 2007. • presented a paper titled “Effect of Constant and Different Interval Training Programme on Selected Physical and Physiological |
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| | <p>Variables of School Boys” in the National Seminar on “Multidimensional Futuristic Approach to Excellence in Physical Education” organized by the Tamil Nadu Physical Education and Sports University and Sports Development Authority of Tamil Nadu on 21st July 2007, held at Jawaharlal Nehru Stadium, Chennai.</p> <ul style="list-style-type: none"> Presented a Paper titled “Effect of OMKAR Chanting Meditation on Memory Power and Concentration among the College Women Students” in the National Seminar on “Yoga for Holistic Health” organized by Tamil Nadu Physical Education and Sports University, Chennai on 10th March 2007. |
| Seminars / Workshops Organized: (Details- title, venue, date etc) | Nil |
| Seminars Attended: (Details- title, venue, date etc) | <ul style="list-style-type: none"> Participated in the U.G.C. Sponsored National Seminar on “Contribution of Scientific Findings of Allied Subjects for the Promotion of Physical Education and Competitive Sports” organized by the Department of Physical Education and Sports Sciences Annamalai University, Annamalainagar on 10th and 11th March, 2006. Participated in the National Conference on Physical Education and Sports Sciences held at Christ College, Bangalore on 16th and 17th October 2004. Participated in the National Seminar on Scientific Approach for the Promotion of Physical Education, Sports and Fitness, organized by Dept. of Physical Education |

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| | <p>and Sports, Pondicherry University on 31st March, 2004.</p> <ul style="list-style-type: none"> ▪ Participated in the Awareness Programme on HIV / AIDS for Youth organized by the Center for Adult and Continuing Education, Pondicherry University on 30th and 31st January 2004. |
| Workshops Attended: As Resource Person(Details- title, venue, date etc) | Nil |
| Workshops Attended: As Participant (Details- title, venue, date etc) | <ul style="list-style-type: none"> • Participated in a Five Day Workshop on “Research Methodology in Social Science and Research” during 4th to 8th November 2014 Organised by the Post Graduate Department of Commerce, Panampilly Memorial Govt. College, Chalakudy. • Participated in a U.G.C. Sponsored National Workshop on “Computerized Statistical Application in Physical Education and Sports Research” organized by the Department of Physical Education and Sports Sciences, Annamalai University, Annamalai Nagar from 6th to 8th March 2007. • Participated in a Workshop on “Modern Trends in Physical Education and Sports” Organized by the Department of Physical Education and Sports, Pondicherry University, Pondicherry on 30th October, 2006. • Participated in a U.G.C. Sponsored National Workshop on “ Research Design and Related Computerized Statistical Applications” organized by YMCA College of Physical Education at Asha Nivas Service Centre from 18th to 20th October 2006. |

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| | <ul style="list-style-type: none"> Participated in a workshop on Population Education Organized by the Center for Adult and Continuing Education, Pondicherry University on 18th and 19th December 2003. |
| Refresher Courses Attended: | Nil |
| Short Term Courses Attended: | Nil |
| Orientation Programmes Attended: | HRDC. Kannur University From 21-07-2015 To 17-08-2015. |
| Awards / Honours / Patents Conferred: | Nil |
| Membership (s) in: Academic Bodies | Nil |
| Membership (s) in: NGOs, Cultural Organizations etc | Nil |